USE YOUR HEADS—DON’T FLUSH YOUR MEDS!

DON’T flush unused, unwanted and expired medications down the toilet, DON’T throw them in the garbage and DON’T put them down the drains!

Although flushing medications was a common practice used in the past, new studies show that prescription and over-the-counter drugs are not completely removed when passing through waste-water treatment plants. Harm to marine and plant life can be caused by improper disposal.

FOR MORE INFORMATION:
Call: 1.800.OilyCat
Visit: sbcfire.org/hhw
# THE SAN BERNARDINO COUNTY HOUSEHOLD HAZARDOUS WASTE FACILITIES ACCEPT MEDICATIONS!

## BRING THESE ACCEPTABLE MEDICATIONS:

<table>
<thead>
<tr>
<th>Category</th>
<th>Medications</th>
</tr>
</thead>
<tbody>
<tr>
<td>Liquids</td>
<td>Over-the-Counter Medications</td>
</tr>
<tr>
<td>Lotions</td>
<td>Prescription Medications</td>
</tr>
<tr>
<td>Ointments</td>
<td>Pet Medications</td>
</tr>
<tr>
<td></td>
<td>Vitamins</td>
</tr>
</tbody>
</table>

*Please have proper labels*

## NOT ACCEPTABLE MEDICATIONS:

- Chemotherapy Pharmaceuticals
- Controlled Substances

### NARCOTIC PAIN MEDICATIONS
- Codeine
- Oxycontin
- Vicodin

### SLEEPING PILLS
- Ambien
- Lunesta
- Valium

### ADD/ADHS DRUGS
- Adderall
- Concerta

If you have unused controlled substances, please call your local Police/Sheriff’s Department for information on take-back locations.

Visit [takebackdrugs.org](http://takebackdrugs.org) for controlled substance drop-off locations.

FREE for San Bernardino County residents only